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5<sup>th</sup> July 2023

Dear Psychiatric Registrars

I am pleased to announce that Belmont Private Hospital are now accepting Psychiatric Registrar applications for 2024.

During your rotation(s) at Belmont, you will be mentored and supervised by Psychiatrists who have had a significant number of years' experience in inpatient psychiatry and have well established private outpatient practices. The allocations at Belmont include General Adult, Psychotherapy, Young Adults, Trauma, Perinatal and Old Age Psychiatry.

Belmont Private Hospital is a 185 bed acute mental health hospital (mostly single rooms) with an established reputation for excellence in the delivery of a broad range of acute mental health services. We offer a range of specialty and sub-specialties to meet the needs of the population. Our hospital expansion makes Belmont Private Hospital the second largest private mental health facility in Australia.

Belmont is an Authorised Mental Health Service under the Queensland Mental Health Act, specialising in high quality mental health care with positive patient outcomes. We also are the only private mental health facility in Queensland with a six bed secure unit offering ongoing assessment and close supervision in a low stimulus environment.

Our new development includes a new and larger Brisbane Centre for Post Natal Disorders, a Women's Mental Health Unit, a new dedicated Adolescent and Young Adults Unit, expansion of our current Older Person's Unit, a newly built Trauma and Dissociation Unit, new group program rooms as well as an increase in onsite parking capacity.

Part of our recent redevelopment includes 14 brand new consult suites. For those looking to establish their own private practice as a Consultant Psychiatrist, Belmont offers allocated undercover parking for all Psychiatrists, an experienced Medical Secretary to support your private practice (shared between a maximum of two Psychiatrists) as well as many other benefits.

Our Belmont Therapy Programs team deliver gold standard quality inpatient and day patient programs with a dedicated multidisciplinary team working together to deliver over 50 different therapy programs to our inpatients and day patients each week.

We are in a significant growth phase at Belmont Private Hospital and we would be excited to have you onboard with us to complete your Psychiatric Registrar training and to assist you with setting up your private practice.

I would also like to take this opportunity to advise that Currumbin Clinic and Eden Private Hospital also have Psychiatric Registrar vacancies. Information regarding these two hospitals is attached. Should you be interested in discussing opportunities at Currumbin and Eden, we would be delighted to hear from you.

If you are interested in submitting an application, please send your covering letter and CV to Melinda Buckle via email on <u>Melinda.buckle@aurorahealth.com.au</u>

Yours Sincerely,

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Mary Williams Chief Executive Officer Belmont Private Hospital

#### Currumbin Clinic Specialising in Addictions, Veteran's and General Adult Mental Health

Currumbin Clinic is a 104 bed private mental health facility delivering high quality care and positive patient outcomes and regarded as the centre for excellence in mental health on the Gold Coast. We believe each patient is a unique and valuable individual. We offer a safe patient environment to help personal growth, and encourage honesty, communication, teamwork and a commitment to wellness and recovery.

At Currumbin Clinic our team of Psychiatrists, Medical, Nursing and Allied Health staff provide expert care in the management and treatment of acute mental health disorders. We also have an active Consumer and Carer network. Our holistic approach to treatment is offered in a safe and supportive environment, utilising group therapy. Patients may be treated in either an inpatient or day patient setting depending on individual requirements and preference.

Currumbin Clinic is located on the southern Gold Coast in a discrete private landscaped environment. Our environment is designed to deliver care in the least restrictive manner while maintaining patient safety as a first priority. This is managed in a way that allows patients to feel relaxed and comfortable.

#### Eden Private Hospital – specializing in General Adult Mental Health

Eden Private Hospital is a comprehensive medical, rehabilitation and mental health facility. Our experienced team of mental health professionals deliver positive outcomes to help people struggling with mental health concerns on the road to recovery. We believe each patient is a unique and valuable individual. We offer a safe patient environment to help personal growth, and encourage honesty, communication, teamwork and a commitment to wellness and recovery.

Our 24 bed mental health unit provides treatment for mood disorders, anxiety, depression and older adult conditions. We have designed our mental health facility to deliver care in the least restrictive manner. This allows patients to feel relaxed and comfortable, with patient safety our first priority.

Our evidence-based treatment, comfortable facilities, and skilled and experienced staff, enhance the quality of care and health outcomes for our patients. Our specialised services include:

- Transcranial Magnetic Stimulation (TMS) for the treatment or medication resistant depression and severe depression
- Older persons mental health
- > Acute adult psychiatry
- Mood disorders, anxiety and depression
- Inpatient therapy programs
- CBT-based programs
- A broad range of day therapy programs to support ongoing recovery and wellness

At Eden Private Hospital our team of Psychiatrists, Medical, Nursing and Allied Health staff provide expert care in the management and treatment of acute mental health disorders. We also have an active Consumer and Carer network. Our holistic approach to treatment is offered in a safe and supportive environment, utilising group therapy. Patients may be treated in either an inpatient or day patient setting depending on individual requirements and preference.

Since 1910, Eden Private Hospital has proudly delivered excellence in clinical care to the Sunshine Coast community in a discrete private landscaped environment. Eden Private Hospital is a comprehensive sub-acute medical, rehabilitation, palliative care, pain management and mental health hospital. Our hospital delivers a range of inpatient and outpatient services supported by 24 hour nursing care and access to allied health and medical specialists. Eden Private Hospital is located in the picturesque town of Cooroy in the Noosa Hinterland.