



## Psychiatrist Profile

# Dr Katya Nelson

MBBS BSc (Hons) AKC MRCPsych FRANZCP

### Areas of interest

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- Adolescent psychiatry
- Autism Spectrum Disorder

### Client groups

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- Adolescent and Young Adult

### Languages

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- English

### Referral and appointments

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T: 07 3258 5721

E: [bel.drnelson@aurorahealth.com.au](mailto:bel.drnelson@aurorahealth.com.au)

Dr Nelson is available for consultation

Tuesday and Thursday 6.00pm-8.30pm

Saturday 9.00am-2.30pm

### Professional background

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Dr Katya Nelson has over 12 years of experience as a consultant psychiatrist specialising in child and adolescent mental health, as well as working with young adults (18-25). She has a clinical interest in high functioning Autism Spectrum Disorder and its comorbidities, having been trained in using gold standard assessment tools including the ADOS and ADOS-2 for over 10 years.

Having received her Bachelor of Medicine and Bachelor of Science (MBBS) in London, UK, she completed her psychiatry training at the Maudsley Hospital in South London, achieving a Certificate of Completion of Training in Child and Adolescent Psychiatry in 2011. She has been a member of the Royal College of Psychiatrists since 2009 and Fellow of the Royal Australia and New Zealand College of Psychiatrists (FRANZCP) since 2022.

For over 8 years Dr Nelson has worked as a senior psychiatrist and has been a director, including at the Royal Brisbane and Women's Hospital. She has extensive experience in treating a wide range of mental health disorders especially in adolescents and has experience of developing appropriate treatment and day programmes for the like, offering a holistic approach to care.

### Clinic locations

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Dr Nelson is available for consultation at Belmont Private Hospital's private consulting suites.

A 1220 Creek Road, Carina QLD 4152

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