



## Psychiatrist Profile

# Dr Melissa White

BA (Hons I); MBBS; FRANZCP; Cert. Child Adol. Psych.

### Areas of interest

- Adolescent and young adult psychiatry
- Psychotherapy
- Anxiety and Depression
- Electroconvulsive Therapy (ECT)
- General Adult Psychiatry
- Neuropsychiatry
- Repetitive Transcranial Magnetic Stimulation (rTMS)
- Obsessive Compulsive Disorder (OCD)

### Client groups

- Adult
- Young Adult

### Languages

- English

### Referral and appointments

T: 07 3843 5469  
F: 07 3398 0279

### Clinic locations

Dr White is available for consultation at Belmont Private Hospital's private consulting suites.

### Professional background

Dr Melissa White BA (Hons I); MBBS; FRANZCP; Cert. Child Adol. Psych. is a consultant psychiatrist and a Fellow of The Royal Australian and New Zealand College of Psychiatrists (RANZCP). She also holds the RANZCP Certificate of Child and Adolescent Psychiatry. In addition to her residency training and country service, Dr White completed 12 months of general surgical training and 6 months of general practice training before committing to a career in psychiatry. Dr White was the Faculty of Arts Valedictorian of The University of Queensland for her graduating year in her humanities degree. She is a Senior Lecturer with the schools of medicine of both The University of Queensland and Griffith University. Dr White is a Court Appointed Examiner for the Mental Health Court Queensland.

Dr White sees children, adolescents and adults who are experiencing psychiatric and psychological difficulties. Dr White particularly enjoys providing individualised treatments to secure improved trajectories of psychological development to young people and their families. Dr White accepts referrals from specialist psychiatrists requiring an episode of in-patient treatment for their young patients and to whom their patients will return for continuation of their outpatient care.

Dr White's other interest is neuropsychiatry, a subspecialty area focusing on the psychiatric consequences of neurological problems. She accepts outpatient referrals for repetitive transcranial magnetic stimulation and electroconvulsive therapy for patients with treatment-resistant depression. She maintains an active interest in medicine and surgery.

\*\*Please note that if the patient is less than 18 years of age, you will need to ask your GP to issue a combined referral or two separate referrals to assist with providing a Medicare rebate for both the young person's initial assessment and for the parent/caregiver's initial assessment. These appointments will be scheduled back to back and be approximately 2 hours in duration.\*\*

For any patients being referred for an initial assessment for pre-admission, we request that you contact your health fund for an eligibility check to confirm your health insurance cover is fully financial, that all waiting periods have been served and that you are covered for psychiatric hospital admissions.

Currently due to limited capacity Dr White is not accepting referrals for adult ADHD or ASD.