

# Information session for families, carers and friends

A complimentary service



## February topic: Understanding Borderline Personality Disorder

**Guest Speaker: Kel Brooks, Clinical Psychologist**



**Come and learn! Open to all families, carers and friends**

Date: Thursday 22nd February 2024

Time: 3.30pm - 4.30pm

Hear from one of Belmont Private Hospital's Health Professional team



### **Families, Carers & Friends - your questions answered**

Our healthcare professionals will help you understand more about the issues your loved ones are facing.



### **Who can attend?**

Any carer, family member or friend of a current inpatient or day patient of Belmont Private Hospital who is experiencing a mental health related illness, may attend free of charge



### **This will be a Q&A based session**

60 minute session

Hillside Lower Ground | Room 1 | light refreshments provided

**Register Now! 3398 0270**

**Contact Belmont Therapy Programs to book**

Please note, information disclosed at the forum is relevant to general mental health and not specific to a family member's diagnosis. Attendees must obtain consent from their family member prior to registering for and attending this information session

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