

INFORMATION SESSION

FOR FAMILIES, CARERS & FRIENDS

A COMPLIMENTARY SERVICE

SEPTEMBER TOPIC: Understanding Mood and Anxiety Disorders



Mental Health educational session for families, carers and friends

Come and learn! Open to all families, carers and friends

3:30pm - 4:30pm, Thursday 30th September, 2021

Hear from one of Belmont Private Hospital's Health Professional team



Families, Carers & Friends – Your questions answered

Our health care professionals will help you understand more about the issues your loved ones are facing.



Who can attend?

Any Carer, family member or friend of a current inpatient or day patient of Belmont Private Hospital who is experiencing a mental health related illness, may attend free of charge.



Sessions available:

3:30pm - 4:30pm, Thursday 30th September, 2021

This will be a Q&A based session.

60 minute sessions to be held on the **last Thursday** of every month.

Hillside Lower Ground | Room 1 | Light refreshments provided



Guest Speakers

Hear from a different representative every month from a range of clinical disciplines including Consultant Psychiatrists, Pharmacists, Psychologists and Nurses.

SEPTEMBER GUEST SPEAKER: Dr Joanna Ng, Senior Registrar
Understanding Mood and Anxiety Disorders

Please note, information disclosed at the forum is relevant to general mental health and not specific to a family member's diagnosis. Attendees must obtain consent from their family member prior to registering for the information session.

REGISTER NOW

Contact Belmont Therapy Programs to book | 3398 0270