

Womens Mental Health Symposium

Treating Women across the life cycle.

Join Dr Lyndall White as she explores critical women's mental health topics such as perinatal mental health disorders, PMDD, perimenopausal, and menopausal mood disorders. Dr White will provide a detailed presentation on patient management, including the use of hormone therapy and psychotropic medications.



Dr Lyndall White

Learning Outcomes:

- Describe how mood, cognition and behaviour are significantly influenced by hormonal changes from menarche to menopause and beyond.
- Outline the aetiology and management of Premenstrual Dysphoric Disorder (PMDD) in general practice.
- Summarise an understanding of perimenopausal and menopausal mood disorders together with brain fog including management using hormone therapy and psychotropic medications.
- Identify management options for perinatal mood disorders.

Event Details

Date Saturday, 20 April 2024
Time 8:30am - Arrival and Registration
11:30am - Event Concludes
Belmont Private Hospital
Venue 1220 Creek Road, Carina Heights,
Brisbane

 RACGP CPD <small>Approved Activity</small>		
<small>Educational Activities</small>	<small>Measuring Outcomes</small>	<small>Reviewing Performance</small>
2	00	0.0
<small>hours</small>	<small>hours</small>	<small>hours</small>

RSVP Friday, 12 April 2024 to susie.bayne-jardine@aurorahealth.com.au
Mobile 0420 909 229 Fax: 07 3398 3105

Name & RACGP Number
Practice Name & Address
Email
Phone Special Dietary Requirements: